



NAD⁺OVIM[®]
FOCUS + CONCENTRATION[®]



INTRO GUIDE

SERIOUSLY SMART SCIENCE

Everything you need to know
about Nadovim and NAD+

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“


Felt the positive cognitive effects of Nadovim since day 1 which shocked me. It's been truly remarkable.”



Charles A.
Nadovim Subscriber

verified by





“We are witnessing a crisis
of brain function decline
like never seen before.”

THOMAS K. SZULC, MD
CREATOR OF NADOVIM

A GROWING DILEMMA

It all starts with the brain.

Maybe you're reading this because you're feeling a little sluggish in the brain? Or perhaps you, like approximately 40 percent of adults over age 65, are experiencing issues with your memory. Whatever your reason, you've come to the right place.

First, let's admit what many won't - there's a serious crisis that's impacting our brains. We rely more than ever on caffeine for energy and alertness (the average person drinks 2.7 cups of coffee every day of the week) and statistics prove that cognitive disorders are sharply on the rise. At the same time, our society is demanding better cognitive function. To complicate matters, we live in a time where stress, information overload, and toxins that degenerate brain function simply cannot be avoided.

That is why a pioneering integrative physician and a team of passionate experts have made it their mission to change this.



What resource has the highest value in this day and age? Is it money, is it time? More and more experts in wide and varied fields ranging from economics to neuroscience now agree... it's energy, and the ability to direct it to a single point, using an ability we call focus.

[» Read More](#)

OUR MISSION

It all started with a talk between a father and son over 10 years ago. That father, renowned integrative physician, Thomas K. Szulc, and the son, Caspar Szulc (Co-Founder of Innovative Medicine), wanted to translate the results they were seeing in the doctor's medical practice to a broader audience. And they were off to the races...

Going after the lowest hanging fruit and understanding crisis impacting the human brain, the doctor and a skilled nutraceutical development team went through the recent research (like the [2006 Japanese study](#) showing NAD+ may be administered orally, or the [2016 randomized, controlled, double-blind trial](#) showing supplementation of CoQ10 together with NAD is effective in treating chronic fatigue syndrome), trialed different formulas, ran feasibility tests, checked for compatibilities and synergies of various ingredients, and ultimately created a very specific and advanced formula known as...Nadovim.

» [Read the entire story behind formulating Nadovim](#)



“Let’s be honest. We spend so much time focusing on wrinkles and muscles that we often neglect our own brains. But the brain is so incredibly important to all the actions that make us human. And that’s why it meant so much to us to create a one-of-a-kind solution to protect and optimize this critical organ and allow us to perform at peak cognitive levels.”

CASPAR A. SZULC
CO-FOUNDER, INNOVATIVE MEDICINE



“

My wife and I just finished our first bottle and love the extra capacity in our thoughts and functionality on a daily basis.”



Brett M.

Nadovim Subscriber

verified by



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DISCOVER NADOVIM



PLAY NADOVIM EXPLAINER VIDEO

Nadovim is the first product from Innovative Medicine – a company that has been pushing the boundaries of what is possible in medicine for over a decade. It is a doctor-formulated and clinically tested medical-grade cognitive enhancer, designed to optimize brain function in a way that is healthy, natural, and most of all, sustainable. The same way that you would replenish, or even preplenish your muscles with nutrients and amino acids surrounding a workout, Nadovim supplies the brain with key metabolites and nutrients needed for the cognitive demands of modern life.

Nadovim's formula is so potent and effective that its initial use was strictly clinical, as it is prescribed to help patients improve a wide range of neurological conditions, such as Parkinson's disease, Alzheimer's, MS, ALS, and ADD. But thanks to its natural ingredients, purity and proven results, it is now available for purchase without a prescription.

KEY BENEFITS

- Supports overall brain health
- Improves cognitive function (kinase activity, neuronal synthesis, restoration of synaptic activity and nerve impulse transmission)
- Increases focus, concentration, and clarity of mind
- Stimulates production of dopamine, serotonin, and noradrenaline, thereby improving mood
- Reduces stress and cortisol / acts as an anti-stress agent against acute and chronic stress
- Improves memory acquisition and retention as well as problem-solving abilities
- Enhances mitochondrial function and reduces oxidative stress in the brain
- Boosts attention, cognition and impulse control
- Acts as a neuroprotectant



We're living in a day and age where brain fog, fatigue, mood swings and depression are increasingly common. The causes are far ranging, from poor diet to toxic burden to electromagnetic radiation, but the consensus among most experts is that it isn't going to get better anytime soon and there's really no escaping it. The good news is there are solutions.

Nadovim was created to be the simplest and yet most complete solution, and as one doctor calls it, "a game-changing supplement". It's a nutraceutical that was created with safety in mind, making it suitable for almost anyone - from a marathon-running mother of five, looking for clarity and mental energy, to the very ill patient with serious neurological symptoms and great sensitivity to most products.

» 5 Reasons You Should be Taking Nadovim, From a Doctor

WHO NADOVIM IS FOR:

- Anyone with issues focusing, concentrating or remembering things
- Anyone suffering from mental fatigue
- Anyone requiring multiple cups of coffee throughout the day
- Patients with brain symptoms and/or neurological issues
- Biohackers and top performers
- Athletes
- Artists
- CEOs, entrepreneurs and executives

Disclaimer: Nadovim is not for everyone. It is recommended to speak with your general practitioner before starting any nutritional supplement. This product is not intended to diagnose, treat, cure or prevent any disease. Do not take this product if you are pregnant or nursing.



gluten-free

//



non-gmo

//



no side-effects

//



allergen-free

//



vegan



[LEARN MORE](#)

“

I have noticed a big difference after taking Nadovim. My energy level is high and my brain is on like never before. Thank you so much.”



Blanka F.
Nadovim User



WHAT IS **NAD⁺** ?

Science and medicine have come a long way in their understanding of how the brain works. Many of the causes have been identified and understood as lifestyle factors, such as excessive stress, poor diet, and the use of drugs or alcohol. But even while paying close attention and taking care of these factors, many people still find that their clarity of mind and capacity for focus is far from optimal.

To actually improve the health and function of the brain requires more than simply understanding how it works.

It requires a scientific solution specifically designed to replenish the key resource used to convert the foods we eat, into usable brain energy. That resource has now been identified as NAD⁺ or Nicotinamide adenine dinucleotide - and is utilized by the mitochondria of every living cell, to produce energy and sustain vitality, especially in the brain.

NAD has been referred to as “a fountain of youth” and “the key metabolite for sustaining life and producing energy”. As we age and go through life, our reservoir of NAD becomes depleted. Part of this is related to the natural aging process, but the depletion of NAD can be hastened by the numerous demands of modern life

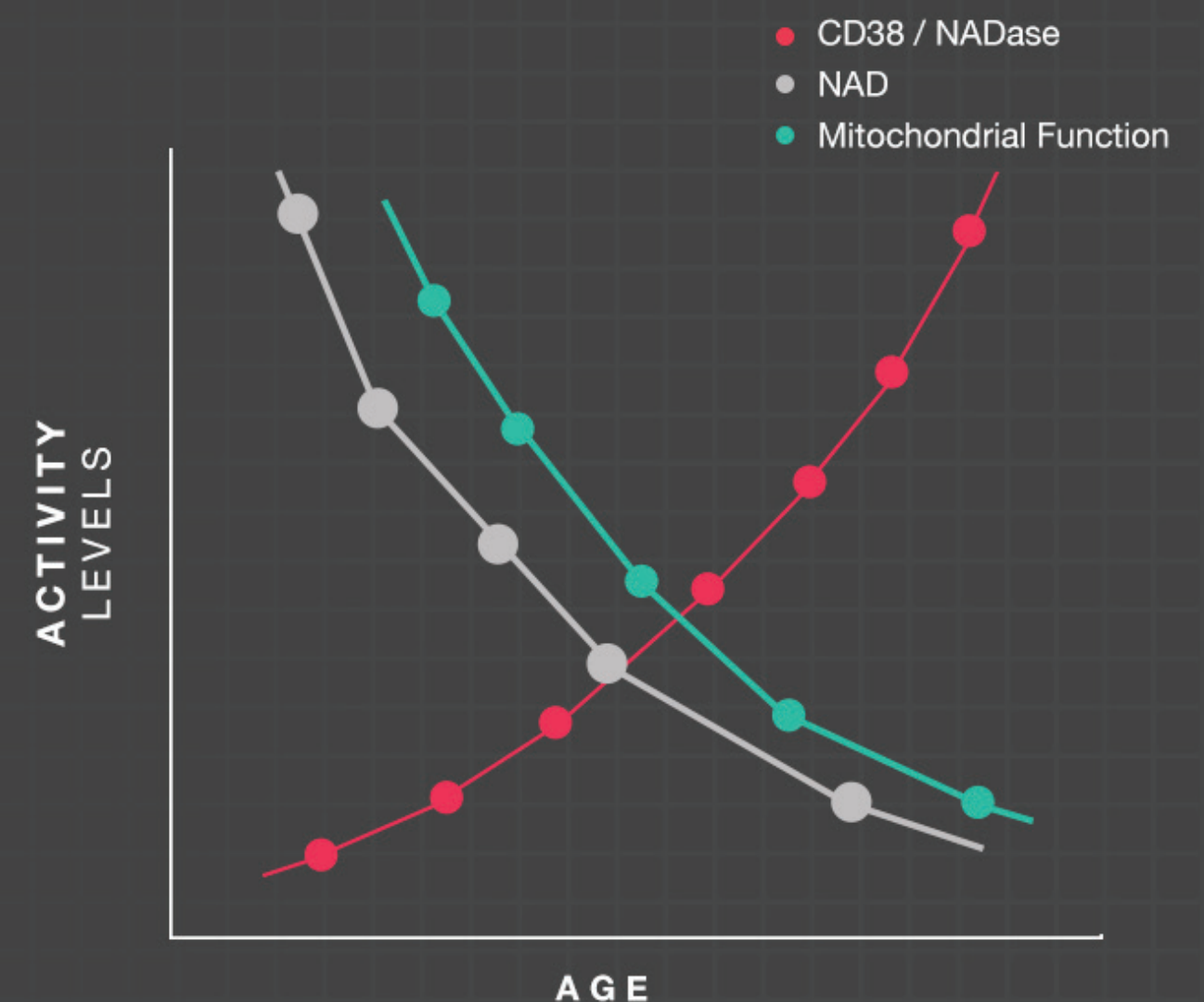
Previous solutions involved nootropic compounds that provide a temporary boost of energy, often accompanied by a crash and further depletion of this precious resource, NAD.

Nadovim is the first doctor formulated and clinically tested medical grade cognitive enhancer designed to optimize brain function in a way that is healthy, natural and most of all, sustainable. When intracellular levels of NAD are low, it can feel like you’re running on empty. Nadovim has been clinically formulated to gradually increase these reservoirs and provide you with access to mental clarity, alertness, and focused energy that lasts.



“NAD⁺ is the closest we’ve gotten to a fountain of youth,”

DAVID SINCLAIR
BIOLOGY OF AGING AT
HARVARD MEDICAL SCHOOL



CD38 is a membrane-bound NADase that hydrolyzes NAD⁺ to nicotinamide and (cyclic-)ADP-ribose. Its protein levels increase during aging, with a corresponding increase in NADase activity and declining NAD⁺ levels.

Cell Metab. 2016 Jun 14; 23(6): 965–966.

HOW NAD+ WORKS

Nicotinamide adenine dinucleotide (NAD) is an element that reacts with oxygen in the cell's mitochondria in order to create energy for movement, breathing, heartbeat, blood pumping, digesting food, brain functions, and generally living life.

NAD enables the transfer of energy from the foods we eat to vital cell functions. It is also required to “turn off” genes that accelerate degenerative aging processes. As NAD+ levels decline, mitochondrial function is impaired, resulting in fewer mitochondria surviving. Mitochondria are the “powerhouses” that help ensure cellular processes. This vicious cycle of mitochondrial depletion (also called NAD Energy Deficiency, or NED) results in many of the physical symptoms of aging and degenerative processes, such as chronic fatigue, chronic fatigue syndrome, substance abuse, depression, stress, anxiety and various other chronic illnesses.

Like with any fuel or substrate in the human body, stores of NAD must be replenished when depleted. Pushing yourself to be active, or to focus and concentrate when you don't have adequate fuel in your tank, or an adequate means of converting your food into fuel, is sure to lead to sluggish and impaired performance.

Of course, we can never neglect that natural means of caring for ourselves and topping off our energy supplies as best we can via quality sleep, nutrition, and mitigation of stress. But even with these areas of life covered we're living in a world with wifi, email, endless demands and digital distractions. Hence the need for supplements such as Nadovim.

» Read More on How NAD+ Works in the Body

WHY ARE WE SO DEPLETED OF NAD+? 3 MAJOR CONTRIBUTORS

1. Stress

According to the American Psychological Association, chronic stress is connected to all six leading causes of death: heart disease, cancer, lung ailments, accidents, cirrhosis of the liver and suicide. Add in oxidative stress, where an imbalance between the production of free radicals and the ability of the body to counteract with antioxidants occurs, and you create an environment where NAD+ is being depleted quite quickly. One such biomarker of oxidative stress is 8-Isoprostane. This prostaglandin-like compound is produced by free radical-catalyzed peroxidation, and has been suggested to be the most reliable approach to monitor oxidative stress. High levels of 8-isoprostane is an indication of oxidative damage and a reduction in available NAD+.

2. Diet, Alcohol and Drugs

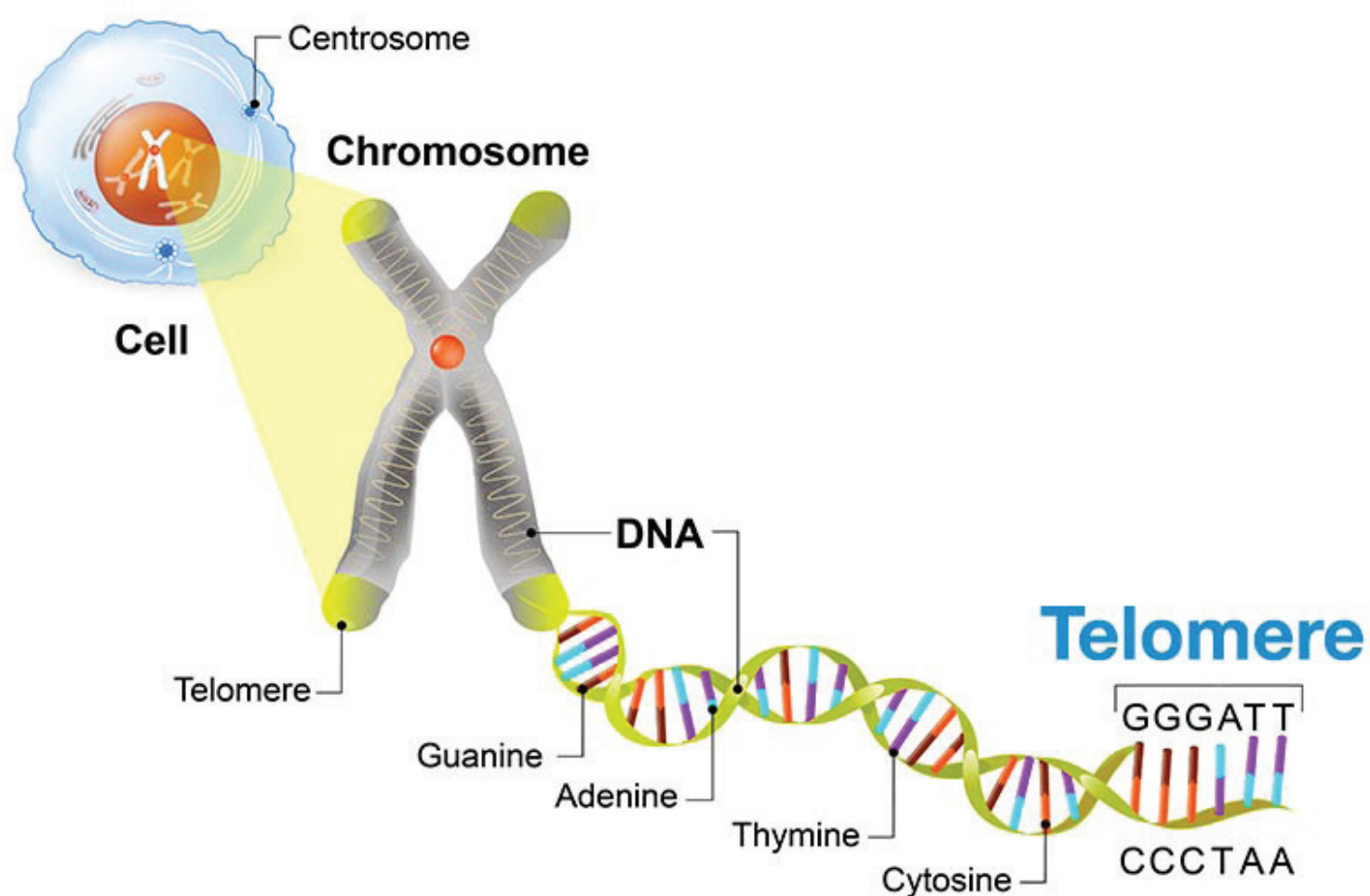
Part of the reason for NAD+ deficiency is that diet and what you put in your body is critical. The body does not make NAD+ unless there is something put in like Vitamin B3 or tryptophan that you may obtain from a balanced and nutritious diet. The modern day diet for most has resulted in the abandoning of traditional, whole foods in favor of modern processed foods high in sugar, refined flour and unhealthy fats. In addition, the use of alcohol and drugs are contributors of NAD+ depletion. Studies have demonstrated the efficacy and safety of IV NAD in detoxifying patients from alcohol, opiates, tranquilizers and stimulants. Clinical experience has shown benefits in greatly reducing withdrawal symptoms, as well as reducing, and often eliminating associated cravings.

3. Inflammation

Inflammation has become a major issue and contributing factor in a majority of common chronic conditions. Simply put, inflammation is your body's response to stress – whether it be from diet, emotions, lifestyle, or environment. One particular component of inflammation that is associated with NAD+ depletion is a glycoprotein called CD38. Found on the surface of many immune cells, CD38 plays an important role in inflammation. CD38 causes migration of neutrophils and monocytes toward sites of inflammation, signals maturation of dendritic cells during inflammatory cytokine activation, and generates Ca²⁺-mobilizing metabolites. To do this though, it must consume large amounts of NAD+.

NAD+ AND AGING

Compelling research shows that NAD⁺ has a unique ability to protect tissues, induce DNA repair, and increase life span. To understand how NAD⁺ can prevent aging, we have to look at an increasing subject of aging – telomeres. Telomeres form the ends of human chromosomes. Without them, DNA strands become damaged and our cells can't do their job. They basically act as the aging clock in every cell. The issue arises because telomeres shorten with each round of cell division, and shortening can be exacerbated by a number of other influences. Shorter telomeres are linked to an increased incidence of disease and premature cellular aging. Other studies have associated short telomeres with a decrease in bone mineral density in women and immune functioning.



Research has shown the correlation of NAD⁺ and telomere length. Increased NAD⁺ availability can increase tankyrase removal of Telomeric Repeat Factor 1 (TRF1). TRF1 is a protein that binds at telomere ends, and is known to protect telomeres from DNA mechanisms that are used for repair purposes and at the same time regulate the activity carried out by telomerase. This action in turn improves telomerase access and elongation of the telomere, which is important in slowing of the aging process.

NAD+ AND THE BRAIN

One of the most impacted organs from NAD⁺ deficiency is the brain. NAD⁺ plays a vital role in the brain, with a 2007 study stating, “NAD⁺ and NADH (the reduced form of NAD⁺) may also mediate brain aging and the tissue damage in various brain illnesses. Our latest studies have suggested that NADH can be transported across the plasma membranes of astrocytes, and that NAD⁺ administration can markedly decrease ischemic brain injury. Based on this information, it is proposed that NAD⁺ and NADH are fundamental mediators of brain functions, brain senescence and multiple brain diseases.”

NAD⁺ helps to replenish the supply of neurotransmitters, improve cognitive functioning, withdraw from addictive substances, overcome anxiety, depression, chronic or acute stress, post-traumatic stress, CTE, and other conditions by giving the brain what it needs to return to proper functioning. NAD⁺ has been shown to be effective with cases of brain fog, cognitive impairment, and “chemo brain”. It has a powerful capacity to “reset” the brain to its original set point.

NAD+ AND ANXIETY, DEPRESSION AND SLEEP

NAD⁺ is essential for maintaining proper levels of neurotransmitters—intricately involved in brain communications. NAD also plays a role in DNA repair, and in turning genes “off” and “on.” If depression is caused by one or a combination of the following: faulty mood regulation by the brain, genetic vulnerability, stressful life events, medications, and medical problems, it's likely that NAD plays a role in resetting the brain to regulate moods appropriately and get you feeling good again.

Along with NAD⁺, Nicotinamide phosphoribosyltransferase (NAMPTase or Nampt) also helps to drive the circadian clock feedback cycle through SIRT1, a protein also known as NAD-dependent deacetylase sirtuin-1. As levels of NAD⁺ oscillate over the day/night cycle, the activity of SIRT1 oscillates with it, linking the metabolic state of the cell through an epigenetic mechanism to the circadian clock. Therefore, a deficiency of NAD⁺ has been associated with circadian dysfunction and sleep disorders.

THE DIFFERENCE



You may be asking, “How does Nadovim stand out in the crowd among other NAD boosting supplements?” Good question.

Nadovim differs from almost every other supplement on the market in that it uses actual clinical-grade NAD+ (not the precursors, NR/NMN) along with seven other research-backed cognitive enhancing ingredients - Bacopa, Cat’s claw, Coenzyme Q10, Glycine, Thiamin, Magnesium, and Aspartic Acid.

The special thing about this formula is that the ratios of the eight ingredients are very specific and create a synergy that enhances effectiveness. The formula was created by a leading integrative physician (Thomas K. Szulc, MD) after years of extensive research and clinical experience with complex neurological cases.

We know you understand the importance of quality. And you should know that no expense has been spared in obtaining the best possible raw ingredients, and processing them in a way that not only preserves, but also enhances their medicinal qualities and effects.

NAD+ vs PRECURSORS

NR (Nicotinamide Riboside) and NMN (Nicotinamide Mononucleotide) are both precursors to NAD+ (Nicotinamide Adenine Dinucleotide), which means both molecules must individually go through a series of chemical transformations before becoming NAD+. More specifically, NMN must transform into NR before entering a cell to become NAD+.

Nadovim uses fully-formed, clinical-grade NAD+, not the precursor. Why? According to some experts, including top biohacker Dave Asprey, while there is a benefit to using both precursors and the fully formed version of NAD+, the fully formed may be more beneficial.

“For your body to make a new compound, it takes electrons. Your ATP has to work, your mitochondria have to work. You take that manufacturing capacity within your body and you say, “All right, make this compound.” Or you take the compound that’s pre-made in a way that can be absorbed and now all of the manufacturing capacity that would have gone into converting precursors is reserved and you can use that manufacturing capacity to cause autophagy to kill cells you didn’t want, to remove senescent cells from the body, cells that are sitting around doing nothing. Or to fold proteins more effectively, or just to make more ATP.”

» **Listen to the entire Bulletproof Radio podcast**

CAN NAD+ BE TAKEN ORALLY?

NAD+ is a delicate molecule. Used intravenously, this coenzyme has shown incredible promise in addiction, neurological disorders, as well as anti-aging and cognitive enhancement (via improvement of mitochondrial health and cell energy production). Top medical clinics around the world are now turning to NAD+ intravenous infusions with remarkable clinical results. That being said, it is quite expensive. A single infusion can cost upwards of \$1,000.

So how do you go from a proven intravenous format, used by top medical practices for complex conditions, to an oral form that can be used by the masses? Not an easy task.

One of the greatest concerns of ingesting NAD+ versus intravenous or intranasal application is the absorption of NAD+ through the digestive system. Some say that orally consuming the coenzyme may destroy it. This line of thought stems from a 1983 bioavailability study on rats that indicated that ingested NAD+ was primarily hydrolyzed in the small intestine. However, a more recent study out of Japan showed both oral and intravenous NAD+ administration produced significant increases in urinary excretion of Nam and its metabolites.

In the clinical research and experience with various patients by Thomas K. Szulc, MD, he found that NAD+ in specific formulas with other ingredients taken orally had a positive effect relative to NAD+ administered intravenously in small doses.

But for a more definitive answer, we turned to a doctor with the research to answer: Can NAD+ be taken orally and still be effective?

Continue reading on the next page to find out.



“I was introduced to Nadovim after having an NAD+ IV treatment and I can honestly say that the supplement has been just as effective.”

BRIELLE F.
NADOVIM SUBSCRIBER

BIOAVAILABILITY OF ORAL NAD⁺

by Mark Iwanicki, ND, LAc.

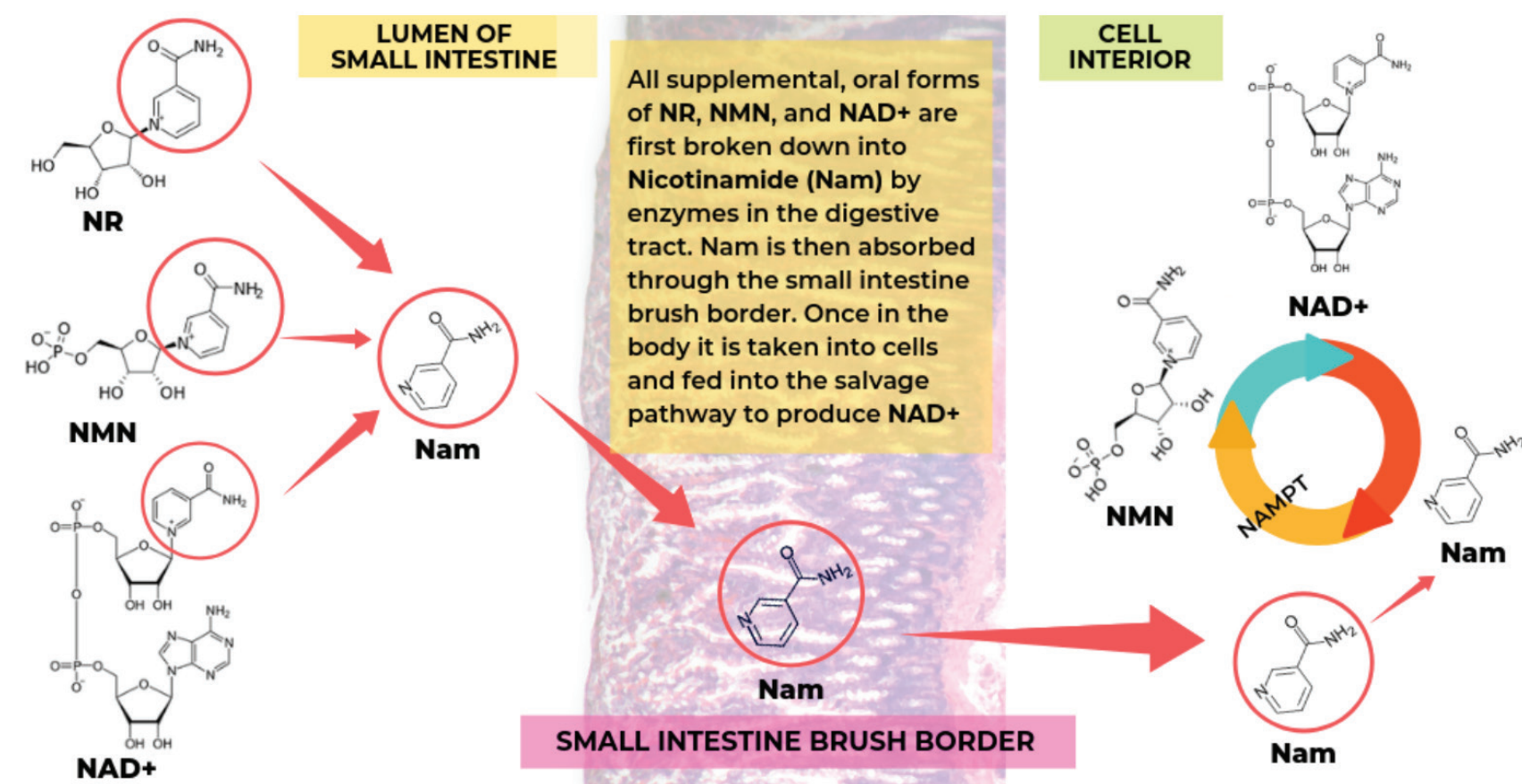


In the world of oral NAD⁺ supplementation, the market is currently dominated by companies selling 4 forms of NAD⁺:

1. Nicotinamide (Nam)
2. Nicotinamide riboside (NR)
3. Nicotinamide mononucleotide (NMN) and
4. Nicotinamide adenine dinucleotide (NAD⁺).

NAD⁺ is the key end goal molecule that produces the beneficial biological effects desired in the body. All 4 molecules are related as they represent larger and larger building blocks of the ultimate NAD⁺ molecule. Nam being the smallest building block, is converted into NMN by the critical enzyme NAMPT (Nicotinamide Phosphoribosyltransferase) with the addition of a phosphate group. NMN is then converted into NAD⁺ by the enzyme NMNAT (Nicotinamide mononucleotide adenylyltransferase) with the addition of another phosphate group, an additional ribose group and an adenosine group. Intracellular NR can feed into NMN production but taken as an oral supplement still needs to be broken down into Nam.

All of the major digestion and absorption studies done on these molecules have, to date, been done on rat intestines. The major study published in the Journal of Nutrition in 1982 entitled, "Digestion and absorption of NAD⁺ by the small intestine of the rat." by Gross and Henderson, showed that NAD⁺ taken orally is rapidly hydrolyzed into NMN, then into NR and then ultimately absorbed by the small intestine as Nam and its other constituent parts (ribose groups, phosphate groups, and adenine). The enzymes responsible for this would be the protease enzymes in charge of cleaving peptide and nitrogen bonds. Similar studies on oral NMN and NR showed that they needed to be hydrolyzed into Nam as well, before being absorbed by the small intestine. It would seem that Nam acts as the smallest building block to NAD⁺, which can be absorbed by the small intestine mucosal brush border cells.



The benefit of taking an oral NAD⁺ over Nam, NR or NMN is that in addition to the hydrolysis of Nam, oral NAD⁺ provides 2 phosphate groups, 2 ribose groups and 1 adenosine group. Digestive enzymes in the stomach and small intestine cleave the NAD⁺ molecule at certain key points in its structure. Each cut leaves a piece of the puzzle available for reassembly later once it has been absorbed by the body. We know from those initial rat studies done in the 80s that the ribose, phosphate and adenosine groups are also preserved and make it across the small intestine enterocyte cells. These additional elements are key building blocks that are needed for reconstituting the final NAD⁺ molecule once inside the cells of the body.

Newer research on NMN has proven the existence of whole molecule transporters that can bring the larger NAD⁺ precursors, such as NMN, across the small intestine intact. It stands to reason that transporters for whole NAD⁺ also exist since the larger NMN and NAD⁺ molecules take a lot of energy to rebuild into NAD⁺ once in the body.

» [Read to the whole report on oral NAD⁺ bioavailability](#)



NAD+
200 mg

Bacopa
452 mg
proprietary blend

Cat's Claw
452 mg
proprietary blend

CoQ10
33 mg

Magnesium
150 mg

Thiamin
70 mg

Glycine
3 mg

Aspartic Acid
3 mg

“

High quality ingredients. Please take this for longer than 30 days and be persistent and you will notice a greater benefit.”



Chris G.
Nadovim Subscriber

verified by



[LEARN MORE](#)



NAD+



CoQ10



Bacopa



Cat's Claw



Magnesium



Thiamin



Glycine



Aspartic Acid

THE FORMULA + SCIENCE

1



NAD+
200 mg

- + NAD+ is currently one of the most researched compounds and called 'a fountain of youth'
- + Utilized by physicians as advanced medical treatment for neurological conditions and addiction
- + Critical to mitochondrial function and cell energy
- + Fundamental mediator of multiple brain functions
- + Neuroprotective properties
- + Anti-aging impact via increased tankyrase activity / longer telomeres

2



CoQ10
33 mg

- + Restores optimal levels of energy production, reduces oxidative damage and improves heart function
- + Produces a synergy with NAD+ that researchers show increases cellular ATP production and could help with CFS (chronic fatigue syndrome)
- + Increases brain mitochondrial concentrations
- + Exerts neuroprotective effects and has been shown to protect brain cells from oxidative stress

3



Bacopa

452mg

- + Bacopa has long been reported to exert **cognitive enhancing effects**
- + Clinical researchers state "Bacopa could potentially be clinically prescribed as a memory enhancer"
- + May **improve memory** when taken regularly for at least eight weeks
- + Findings show **significantly improved speed of visual information processing and learning rate**

4



Cat's Claw

452mg

- + Cat's claw is a powerful natural **anti-inflammatory**
- + Widely used for immunity, fatigue and **DNA repair**
- + Promotes cerebral circulation
- + Shown to **increase Brain-Derived Neurotrophic Factor (BDNF)** and improve cognition & focus

Individuals with lower levels of BDNF may experience major depression, OCD, schizophrenia, and dementia

5



Magnesium

150 mg

- + Magnesium is needed for more than 300 biochemical reactions in the body, including the production of energy
 - + Helps **normalize neurotransmitters**
 - + Linked to **enhanced memory**
- Magnesium regulates brain synaptic plasticity – critical for memory*
- + Enhances both short-term synaptic facilitation and long-term potentiation as well as improves learning

6



Thiamin

70 mg

- + A vitamin responsible for **regulating neurotransmitters**
- + Commonly used as a **supportive treatment for Alzheimer's disease**
- + Plays a key role in the maintenance of brain function
- + Contributes to the **development of myelin sheaths** which wrap around neurons to protect them from damage

7



Glycine

3 mg

- + Glycine is an amino acid that **regulates the metabolic synthesis of certain nutrients** that the brain use for energy
- + Referred as an **anti-aging amino acid** for its ability to protect and repair muscle tissue and joint cartilage
- + Involved in the transmission of chemical signals in the brain
- + Current research is focused on its use for **mental disorders**, schizophrenia, depression, **sleep problems**, and **improving memory**

8



Aspartic Acid

3 mg

- + Aspartic acid is a natural proteinogenic amino acid that is important for **cognitive function**
- + Helps in the delivery and **supply of NAD+**
- + Supports the brain in **maintaining the necessary levels of neurotransmitters** needed to uphold normal mental functioning
- + Used for energy metabolism
- + Aspartic acid deficiency may lead to chronic fatigue and depression



“

In my second month of Nadovim one cap in the morning, one around 2 pm and the thing I notice the most is no afternoon mental performance dip. I can make it through the afternoon without my 3 pm coffee. Clearer thinking as well.”



Tonya T.
Nadovim User

verified by



[LEARN MORE](#)

WHAT OTHERS ARE **SAYING**

Dave Asprey, founder of Bulletproof and author of New York Times bestseller *The Bulletproof Diet*, is a Silicon Valley investor and technology entrepreneur who spent two decades and over \$1 Million to hack his own biology. He knows a good product when he sees it, and demands the most out of every supplement he takes.

“I think it’s really important to keep your mitochondria working well. And that’s why over the last two years NAD has entered my biology in the form of IVs, patches, nasal spray....and now orally with Nadovim pills because I can put them in my morning stack and I don’t have to pay attention to that. And I like that.

I found that with NAD, and Nadovim, that I definitely notice a change in those nuanced levels of performance that I monitor to see whether what I’m doing is working.”

LEARN MORE



DAVE ASPREY
FATHER OF BIOHACKING, FOUNDER BULLETPROOF

“As someone who has been in the health and wellness industry for over twenty years, I’ve tried and tested a wide variety of supplements. None have been so instantaneous and profound as Nadovim.”



STACY BERMAN
FOUNDER OF SYSTEM BY STACY

With over 20 years of hands on experience and scientific research under her belt, Stacy is an expert in reshaping people’s bodies, minds and lives. Whether it’s becoming a New York City fitness icon in her boot camp business or starting a line of ultra-high quality organic protein shakes, Stacy requires the energy and focus to be in her prime throughout the day.

“As someone who has been in the health and wellness industry for over twenty years, I’ve tried and tested a wide variety of supplements. None have been so instantaneous and profound as Nadovim. I immediately noticed a change in digestion and my skin. In one week it felt like my detox organs were working better and I looked about 7 years younger.

After a few weeks I started to notice that I was less distracted and my ability to focus improved. Perhaps the most profound change came after about 6 weeks when I started noticing sensations that had previously become numbed out start to reactivate. This reawakening happened not only in the physical realm but also emotionally. It was as if the Nadovim improved my brain signaling which allowed emotions that got stuck in the nervous system during childhood development to be released. I found that Nadovim helped to access and release those deeply stored memories and feelings which changed the way I’ve interacted with myself and the world.

I’d highly recommend Nadovim to anyone who wants to improve how they feel and experience life.”

LEARN MORE

WILLIAM VICKERS, MD

Practice: Mid-Atlantic Health Institute

Background: Undergraduate degree in microbiology/biochemistry; medical degree in Internal Medicine from New York Medical College; trained in Anesthesiology/Critical Care Medicine at Johns Hopkins Hospital.

Dr. Vickers demands the very best for his patients and utilizes a number of comprehensive and integrative treatments for the numerous chronic diseases he treats. In addition to excelling in the medical field, he has also spent many years in competitive athletics, including a four year Olympic campaign in sailing, which has fueled his passion for sports and exercise physiology. Lastly, he has a true passion for brain injury and wellness.

“After trialing it on 25 patients and seeing results within 2-3 weeks with Nadovim, we are now using it on most of our patients.”

CLINICAL EXPERIENCE

“

NAD+ and the use of Nadovim is now an integral part of treatment in neurodegenerative disorders at our clinic. After trialing it on 25 patients and seeing results within 2-3 weeks with Nadovim, we are now using it on most of our patients.

We have seen Alzheimer's, Parkinson's, post-Lyme patients with neurocognitive dysfunction, and mold/inflammatory response syndrome patients respond positively to Nadovim.

As a downstream component in the Krebs cycle involved with mitochondrial ATP production, numerous investigators have been looking into NAD+ and CoQ10 for chronic fatigue/ME, neurologic disorders, and pathogens that cause brain fog.

In addition, Nadovim is among the small group of supplements that I trust because of its superior quality and purity.”

[LEARN MORE](#)



“

I have been trying many things over the years to get the mental clarity that I have finally found with this product. I have been telling everyone about it. Absolutely love it and won't be without.”



Chris G.

Nadovim Subscriber

verified by



[LEARN MORE](#)



BRAIN RESOURCES

ARTICLES

- The Art of Focus: How to Reclaim Your Mind in the Modern World
- The Doctor Recommended Morning Ritual
- Always Tired? It Could be a Deficiency of This Incredibly Important Nutrient (NAD+)
- NAD+ and CoQ10: The Science and Synergy
- The Science Behind Nootropic Herbs
- The Effects of Cat's Claw (*Uncaria tomentosa*) on the Brain
- 5 Ways Bacopa Benefits the Brain
- The Two Things That Make A Supplement Truly Effective
- Supercharge Your Focus and Concentration with the Pomodoro Technique
- Total Recall—Improve Short-Term Memory with the Mental Peg Method
- Is 'Tidying' Good for Your Health? How De-Cluttering can Improve Your Well-being.
- Knock Out a Book a Week (or Day): Start Speed Reading



Technology: The Hidden Toll on the Brain

READ ARTICLE



BRAIN RESOURCES

BOOKS

The Brain that Changes Itself by Norman Doidge, MD

What it tells us about the brain — Nothing is fixed. Neuroplasticity provides scientific evidence that the brain has a capacity for healing, changing and adaptation that is beyond all previous conceptions.

The Biology of Belief by Bruce Lipton, PhD

What it tells us about the brain — Thoughts create things. Epigenetics and quantum physics now reveal how thoughts lead to changes in physiology and even genetic expression.

Breaking the Habit of Being Yourself by Joe Dispenza, MD

What it tells us about the brain — Repetitive patterns of action form neural circuits in the brain that determine our experience of life. New neural circuits can be made by exposing yourself to new patterns of action and thought.

Spark: The Revolutionary New Science of Exercise and the Brain by John J. Ratey, MD

What it tells us about the brain — If the brain-boosting benefits of exercise came in pill form, all doctors would be mandated to prescribe it.

The Power of Habit by Charles Duhigg

What it tells us about the brain — Habits are inseparable from the brain that forms them. Changing your habits will change your brain.

“

The subscription was flawless, arrived right on time. Just starting on second bottle so have not been on it long enough to fully realize benefits. So far seem to be sleeping better most nights, handling stress better and have had some great long runs (10 plus miles).”



Alison J.
Nadovim Subscriber

verified by



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MOST COMMON QUESTIONS

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What is the cost of Nadovim?

Please view our website for the most current cost of Nadovim and purchase options.
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How do you pronounce Nadovim and what does it mean?

Great question. While we'd say pronounce it as you'd like it said, the official way to pronounce is like this: "NAD" is like rad with an N. This is after the main ingredient, NAD+. "O" is like 'Oh! This really works.' Finally, "VIM" is said veem, and is Latin for "power, energy".

How do you ensure purity and quality?

Today's demanding consumers are more sensitive than ever to the quality and purity of products they choose. We love this, as we know that quality determines results.

Nadovim is put through a rigorous purity and quality assurance process. Each individual ingredient is sourced from qualified vendors who have passed our specialized nutraceutical development teams rigorous certification and testing process. In addition, our own medical team independently evaluates each ingredient before production begins.

Nadovim is then formulated and manufactured in a state-of-the-art, FDA-registered and inspected laboratory that is third-party certified for adherence to Good Manufacturing Practices (GMPs) by NSF, widely recognized as the most stringent of certification parties in the industry. This allows Nadovim to be produced not only to the standards of the FDA, but exceeding them with documentation and practices beyond what many traditional manufacturers in the industry provide.

Are there any artificial ingredients or toxic substances in Nadovim?

Nope – none. It's completely toxin-free and has no artificial ingredients. You may notice a few words in there that might look scary (like microcrystalline cellulose), but those are just natural ingredients that are excipients.

So what's an excipient? These are necessary, non-active substances in minimal amounts that are added for stability and the delivery of the active ingredients. Almost every supplement requires them, but some products use toxic or chemical fillers. That's not Nadovim. Our medical team is all about removing toxins from the body, not adding them in. That's why we made sure every excipient in our formula is completely safe and non-toxic.

Is Nadovim gluten, dairy, nut, sugar, and soy free?

Yes! Nadovim is free of gluten, dairy, nuts, sugar, and soy. None of these allergen ingredients are used in our laboratory production facility.

Are the ingredients in Nadovim non-GMO?

Yes! The ingredients used in Nadovim are non-GMO.

When will I see results?

Many people who use Nadovim report an increase in mental clarity and improved ability to become focused within the first two to four weeks. However, each person is different and those with long-standing issues may require more time to replenish their brains and optimize performance.

The benefits and effects of using Nadovim are cumulative over time. Nadovim does not contain caffeine or any other acute stimulating substances, rather, it contains tried and true natural compounds aimed at replenishing and optimizing cellular energy stores over time.

Can I take it with my meds or other supplements / remedies?

Generally speaking, yes. There are no inherent contraindications when using Nadovim with other pharmaceutical drugs, supplements, and remedies. Nevertheless, you should always double check with your primary care physician before starting on a new supplement.

I'm a healthcare provider. Can I purchase Nadovim for my patients?

Absolutely. Nadovim started as a practitioner-only supplement. Please register for an account to gain access to professional pricing of Nadovim and start providing your patients with the most innovative and advanced physician-formulated whole brain health nutraceutical on the market.

How does Nadovim ship?

We offer free shipping via DHL or USPS from our facility in Florida. Orders shipped via this free option can be expected to arrive anywhere between 3-6 business days from the date you order, depending on your location. We also offer an Express Next Day Delivery option which will ship via FedEx Standard Overnight for \$35 and delivery is guaranteed the next business day by end of day (depending on if you submit the order by 12:00 pm ET). No deliveries are made on weekends. We also provide DHL international shipping to over 150 countries for a flat \$35 fee. This international shipping fee is waived if you order 3 bottles or more (minimum of \$190 for the total order to unlock free shipping).

“

Nadovim has help my husband so much. He has always had issues with taking tests / being able to study well. He took Nadovim for one month before taking arguably the hardest section of the CPA exam and passed it with ease. He is able to think more clearly and remember so much more. I'm so grateful for this product.”



Arielle M.

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